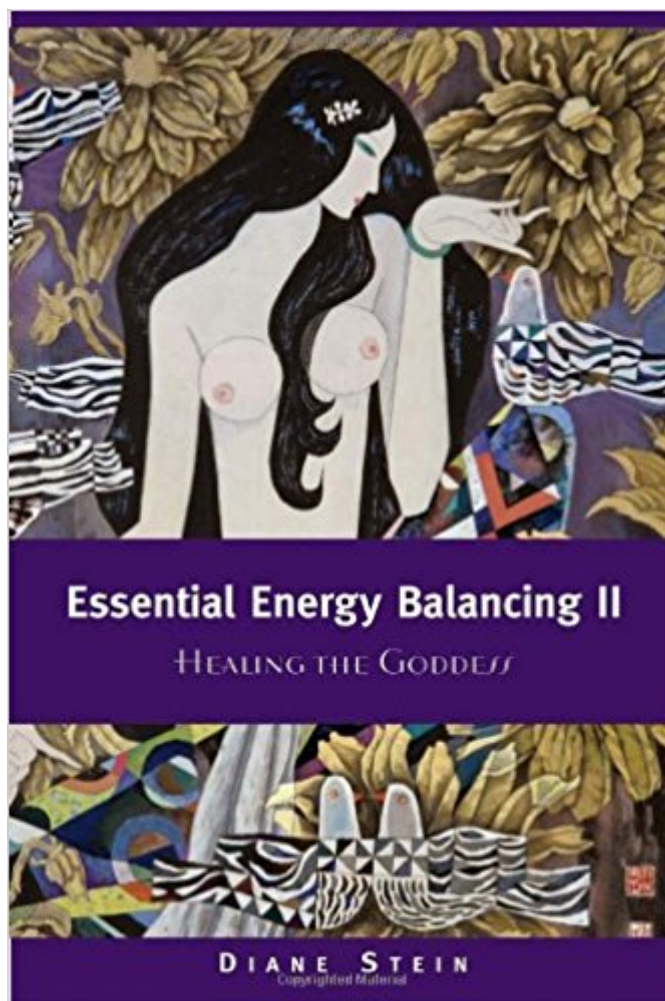


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# Essential Energy Balancing II: Healing The Goddess



## Synopsis

In ESSENTIAL ENERGY BALANCING and RELIANCE ON THE LIGHT, best-selling author Diane Stein taught readers how to heal and cleanse their souls of the negative karma suffered on Earth. Now, in ESSENTIAL ENERGY BALANCING II, she explains how to continue the process of releasing the karma through 24 individual processes, including "Connection with the Light" and "Vibrational Sealing." Readers learn to let go of karmic baggage, not just here on Earth, but throughout the Universe, in order to enjoy the full potential of their soul's energy. Rich with encouragement, ESSENTIAL ENERGY BALANCING II guides readers to an empowering place of healing and growth.

## Book Information

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Average Customer Review: 4.0 out of 5 stars [See all reviews](#) (9 customer reviews)

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## Customer Reviews

Ms. Stein's Essential Energy Balancing Process is fantastic. I was skeptical at first, but went into the process with an open mind and heart. The energy shift I experienced during the process and for a long time afterwards was like nothing I have ever felt. The incredible joy and release that accompanied the process is well worth the work to learn. All I can say is, don't knock it until you've really, TRULY tried it. And remember, even if you THINK you're open, if you aren't really, you won't experience a darn thing. That is not Ms. Stein's fault - that is your own. She gave you a divinely inspired tool. Use it. This book is not optional, but mandatory reading (as are all the Energy Balancing books) for personal/spiritual growth and enlightenment. It is probably impossible to describe the beauty of its affects - you really just have to experience it for yourself.

Diane does it again. After the other processes (Reliance on the Light and Essential Energy Balancing I) I could not have imagined how this book would or could improve and surpass the wisdom gained. My daily life is forever transformed. Diane's gifts are not for the light hearted or those seeking the easy way. This is hard work and a responsibility to all of mankind and the earth! Do the work and forever change your life! PJR

This book was a great follow up to the first book which takes you one step closer to completing your ascension process. Very detailed and concise!

hate is a strong word, but this is not what I was searching for. which is my mistake for not researching about the author before committing to buy... the book is filled with far-fetched stories of creation and strange explanations, ie. lords of karma, divine directors, etc I mean not knocking those that believe in this sort of thing, I just thought it would relate more to intuition, healing, positivity. I'm very open minded but this really comes off as a dark and unknowing. it seems impractical & like you may or may not be sacrificing your soul into a twisted cult with weird motives. o\_Oidk.. just not my cup of tea

Wow! lots to learn here. amazing how much I have cleared and expanded my scope and perspective, and amazing that I feel it has only begun. (warning,,, author has a feminist perspective,,, but that's her issue, not mine. and doesn't detract from the validity of her work,, I just take it out to the whole world.)

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